



**2011 USA IDAHO KIDS
FREESTYLE & GRECO-ROMAN
STATE CHAMPIONSHIPS**



DATE: Friday, April 29 and Saturday, April 30, 2011

LOCATION: Bonneville High School 3165 East Iona Rd. Idaho Falls

DIRECTOR: Travis Banks (208) 406-3379 (c)

PRE-REGISTRATION: All wrestlers should pre register at www.trackwrestling.com Beginning March 23rd thru April 26th 2011. All entry fees due At weigh-ins. Any changes to weight can be made at that time Without additional fees. \$20.00 per style or \$35 for BOTH STYLES
ON SITE ENTRY FEE WILL BE \$25.00 FOR ONE STYLE AND \$40 FOR TWO.

IF YOU PREREGISTER ONLINE YOUR WEIGH IN CARD WILL BE WAITING FOR YOU AT THE PRE-REGISTERED TABLE.

WEIGH-INS: WRESTLERS WRESTLING BOTH STYLES (Mountain Time)
Friday, April 29, 2011 @ 4:00pm to 5:00pm
PreBantam & Bantam Wrestler only can weigh-in Friday night till 6:00pm
GRECO ROMAN ONLY
Bantam, Intermediate, Novice and Schoolboy/girl only
Friday, April 29, 2011 @ 4:00pm to 5:00pm

FREESTYLE ONLY
PreBantam & Bantam - Saturday, April 30, 2011 @ 6:30am to 7:30 am
Intermediate, Novice & Schoolboy/girl - Saturday, April 30, 2011 @ 6:30am to 8:30 am

- ✓ USA wrestling age and weight divisions.
- ✓ Must declare your weight at the scales. Two consecutive attempts to make weight.
- ✓ MUST wear your competition singlet during Weigh-ins.
- ✓ USA Weight Reduction Rule in force.
- ✓ Eligibility: In State residents ONLY or attends and Idaho School.

HEAD GEAR IS RECOMMEND BY USA IDAHO. WILL BE REQUIRED AT WESTERN REGIONALS

PLEASE MAKE NOTE OF USA IDAHO WEIGH-IN PROCEDURE

Wrestlers wrestling both styles may weigh-in for both styles on Friday.

All wrestlers who ONLY wrestle FREESTYLE MUST weigh in Saturday morning

ONLY EXCEPTION Prebantam/Bantam.

If you weigh in for both styles and forfeit/injury default for the Greco portion YOU MUST STEP ON THE MAT FOR YOUR MATCH or you will need to re-weigh Saturday morning. This procedure will be followed closely. A withdrawal form will be required if you injury default during Greco-Roman and must be approved by the Tournament Director and Tournament Trainer. If you injury withdrawal and fail to complete this form you will be required to re-weigh on Saturday morning.

MORE INFORMATION ON BACK →

WRESTLING TIMES:

(Mountain Time)

GRECO-ROMAN Friday, April 29, 2011 @ 6:30pm**FREESTYLE** PreBantam & Bantam - Sat, April 30, 2011 @ 9:00am

Intermediate, Novice & Schoolboy/girl - Sat, April 30, 2011 @ 11:00am

WRESTLING FEE:\$20.00 PER STYLE IF PRE-REGISTERED\$35.00 FOR BOTH STYLES IF PRE-REGISTERED

\$25.00 FOR ONE STYLE AND \$40 FOR TWO.

ADMISSION:

\$2.00 * Children under 12 free * Coaches free with valid USA Wrestling coaches cards.

COACHES PASS:

All passes must be picked up at weigh-ins.

- ✓ Those with a VALID USA Coaches card AND Copper or Bronze card = no charge.
- ✓ With Valid USA Coaches card or Idaho Coaches card you may purchase a pass for \$10.00.
- ✓ USA Wrestling Coaches cards will not be sold at tournament due to background check

WITHOUT PASS YOU WILL NOT BE ALLOWED ON FLOOR OR IN COACHES CORNER.

(Reminder: only 2 coaches per corner)

VIDEO PASS: \$15.00 *you take the place of a coach in the chair**PAIRING CLINIC:**

Friday, April 29, 2011 @ 3:30pm

Sat, April 30, 2011 @ 6:30am

REFEREES CLINIC:

Friday, April 29, 2011 @ 5:15pm

Sat, April, 2011 @ 7:30am

COACHES CLINIC:

Friday, April 29, 2011 @ 5:15pm

Sat, April 30, 2011 @ 8:00am

AWARDS:

TOP SIX WILL RECEIVE MEDALS, THERE WILL BE A MEDAL CEREMONY WITH PODIUM.

REMINDERS:

- ✓ All wrestlers must have a reversible singlet or one of each color - blue/red
- ✓ No spandex biker shorts will be allowed under singlets.
- ✓ All shoelaces must be covered or taped.
- ✓ Each wrestler must come prepared with a handkerchief to be tucked inside their singlet during every match.

This is a qualifier for Western Regional's, which will be held in Pocatello ID in June. You**MUST pick up your paper work for Western Regional's at the awards booth at this****tournament. PAPER WORK MUST BE RETURNED BY MAY 17th****You MUST order your own Team Idaho Gear online by May 17th 2011, please refer to handout at state for the Team Idaho Gear website.****This is also a qualifier for the Schoolboy/girl Dual Team. You MUST complete and submit the****paperwork at the state tournament along with a \$200.00 deposit if interested in making the****Dual Team. Questions: send to topplate@ida.net****Kids Nationals will be held in Farmington, Utah. You must attend and wrestle at Western****Regions to be able to enter the Kids Nationals Tournament**