Mat Rat Open Folkstyle/Freestyle
WRESTLING TOURNAMENT

Date: March 20 - 21, 2009
Place: Nyssa High School, Nyssa Oregon

Weigh-Ins: Wrestlers Wrestling Both Styles:
Friday, March 20 @ 4:00pm to 6;00pm

Folkstyle Only: Intermediate thru Jrs.
Friday, March 20 @ 4:00pm to 6:00pm

Freestyle Only: PreBantam, Bantam and Cadets
Saturday, March 21 @ 7:00am to 8:00am

Freestyle Only: Intermediate, Novice, Schoolboy/girl and Juniors
Saturday, March 21 @ 7:00am to 9:00am

- MUST wear your singlet during Weigh-ins.
- USA wrestling age and weight divisions.
- USA Weight Reduction Rule In Force.
- Must declare your weight at the scales.
  -Two consecutive attempts to make weight.

WRESTLING TIMES:
(MOUNTAIN TIME)

Folkstyle: Friday, March 20 @ 6:30pm
Intermediate thru Jrs

Freestyle: Saturday, March 21 @ 9:00am
PreBantam, Bantam and Cadets

Freestyle: Saturday, March 21 @ 11:30pm
Intermediate, Novice, Schoolboy/girl and Juniors

ENTRY FEE: $12.00 for one or both styles (per wrestler)

Awards: PreBantam and Bantam 1st thru 4th place
Intermediate thru Juniors 1st thru 4th place

Questions: **Contact:** Shawn Riley (208) 830-5876
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BREAKFAST WILL BE AVAILABLE SATURDAY MORNING AT TOURNAMENT SITE