2009 USA IDAHO JUNIOR/CADET STATE FREESTYLE & GRECO-ROMAN CHAMPIONSHIPS

DATE: Friday, April 17 and Saturday, April 18, 2009

LOCATION: Bonneville High School 3165 E Iona Rd, Idaho Falls, ID

DIRECTOR: Matt Cox (208) 535-2900

WEIGH-INS: **WRESTLERS WRESTLING BOTH STYLES** (Mountain Time)
Friday, April 17, 2009 @ 4:30pm to 5:00pm

GRECO ROMAN ONLY
Friday, April 17, 2009 @ 4:30pm to 5:00pm

FREESTYLE ONLY
Saturday, April 18, 2009 @ 7:00am to 7:30pm

ALL WRESTLERS MUST BE PRESENT AT THE BEGINNING OF WEIGH INS!!!!!

WRESTLING TIMES: (Mountain Time)

GRECO-ROMAN	Friday, April 17, 2009 @ 6:00pm
FREESTYLE	Sat, April 18, 2009 @ 9:00am

- ✓ MUST wear your competition singlet during Weigh-ins.
- ✓ USA wrestling age and weight divisions.
- ✓ USA Weight Reduction Rule in force.
- ✓ Must declare your weight at the scales. Two consecutive attempts to make weight.

PLEASE MAKE NOTE OF USA IDAHO *NEW* WEIGH-IN PROCEDURE

Wrestlers wrestling both styles may weigh-in for both styles on Friday.
All wrestlers who ONLY wrestle FREESTYLE **MUST** weigh in Saturday morning. **NO EXCEPTIONS**.
If you weigh in for both styles and forfeit/injury default for the Greco portion you will need to re-weigh Saturday morning. This procedure will be followed closely. A withdrawal form will be required if you injury default during Greco-Roman and must be approved by the Tournament Director and Tournament Trainer. If you injury withdrawal and fail to complete this form you will be required to re-weigh on Saturday morning.

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INFORMATION ON BACK

ELIGIBILITY: In State residents only or attends an Idaho school.
Current USA card.
Must have a copy of your Birth Certificate with you.
If you purchased your card outside of the State of Idaho, you will be required to pay an additional $10.00 to participate at the State Tournament.
Recommended to have entered three (3) Idaho USA events.

WRESTLING FEE: $15.00 PER STYLE.

ADMISSION: $2.00 * Children under 12 free * Coaches free with valid coaches card.

VIDEO PASS: A video floor pass may be purchased for $15 – it will take the place of one coach in the corner.

COACHES PASS: All passes must be picked up at weigh-ins.

- ✓ Those with a VALID USA Coaches card AND Copper or Bronze card = no charge.
- ✓ With Valid USA Coaches card only or Idaho Card, you may purchase a pass for $10.00.
- ✓

WITHOUT PASS YOU WILL NOT BE ALLOWED IN COACHES CORNER.
(Reminder: only 2 coaches per corner)

PAIRING CLINIC: Friday, April 17, 2009 @ 4:30pm
Sat, April 18, 2009 @ 7:30am

REFEREES CLINIC: Friday, April 17, 2009 @ 5:00pm
Sat, April 18, 2009 @ 8:00am

COACHES CLINIC: Friday, April 17, 2009 @ 5:30pm
Sat, April 18, 2009 @ 8:30am

REMINDERS:

- ✓ All wrestlers must have a reversible singlet or one of each color – blue/red
- ✓ No spandex biker shorts will be allowed under singlets.
- ✓ All shoelaces must be covered or taped.
- ✓ Each wrestler must come prepared with a handkerchief to be tucked inside their singlet during every match.

Cadets – Placement at this tournament is used in the selection process for the Idaho Cadet Dual Team – Please see Cadet directors. If you are planning to attend Western Regions in Pocatello in June, you must pick up paperwork at the awards booth. **Paperwork must be returned by May 15th to guarantee Team Idaho Gear!!**

Cadets and Juniors – This a qualifier for Nationals in Fargo. Qualifiers at this tournament will have first priority. Those interested in going on and being a part of Team Idaho must pick up paper and make a financial deposits of $200.00 at this time. Check at the awards booth with Idaho's Cadet/Junior Directors for more information.

NO OUTSIDE VENDORS ALLOWED AT THIS TOURNAMENT